

AIR QUALITY IMPROVING FOR THE PUGET SOUND REGION

We're seeing significant improvement in air quality in many places across the region.

Air quality levels have improved but cleaner air still hasn't made it to all areas. Air quality is still UNHEALTHY FOR SENSITIVE GROUPS in the Cascades foothills of King, Pierce and Snohomish county. We could have a bit of a respite the next couple days, but residents should make preparations for another possible smoke event early next week, perhaps as early as Sunday.

Check our [website](#) forecast and discussion for the most up-to-date conditions. To receive text updates on wildfires smoke changes, text WILDFIRES to 313131.

Remember fire safety burn bans are in effect. Check with your county fire marshal for more information.

Be Prepared for Wildfire Smoke:

- Check with your doctor or medical professional to create a plan for your family before wildfire smoke impacts our air quality.
- If the air looks and smells smoky, it may not be the best time for activities outdoors. Use your best judgement.
- Check the air quality forecast regularly by using either the activity tracker on our home page or by checking the air pollution monitor closest to you.

At Home:

- Stock up on supplies (food, water, etc.), medications, and other items you may need for your family and pets so you can avoid going outside.
- If you are able, purchase an indoor high-efficiency HEPA filter fan/purifier that is suitable for your home.
- Unable to buy an indoor air filter? You can make one! All you need is a box fan, furnace filter (MERV-13 or better), and a bungee cord or tape. [More information here.](#)
- Designate a room in your home to be a "clean room." Ideally, this room should have as few windows or doors as possible to let smoke in. Use an indoor air filter to make the room even cleaner.
- If you have an air conditioner, close the AC's fresh air intake so you can keep smoky air out of your home.

In the Community:

- Know where the nearest "cooling center" is located. Cooling centers, like libraries or community centers, could be the best place for you to avoid smoky air.

Other Options:

- N95 or N100 rated masks can help protect you from air pollution. These masks are usually available at hardware and home repair stores. Please check with your doctor to see if this appropriate for you. More information [here](#).

To learn more about wildfire smoke, and to subscribe to updates, visit the Puget Sound Clean Air Agency's [website](#).

#

The Puget Sound Clean Air Agency is an air quality management agency serving King, Kitsap, Pierce and Snohomish counties. Created as a result of the 1967 Washington Clean Air Act, the agency protects public health by adopting and enforcing air quality regulations, educating individuals and businesses about clean-air choices, and sponsoring voluntary initiatives to improve air quality.

The Agency fully complies with Title VI of the Civil Rights Act of 1964 and does not discriminate based on race, color, sex, or national origin in its programs and activities. In addition, the Agency also assures non-discrimination on the basis of creed, religion, gender identity, sexual orientation, age, disability, marital or veteran status. For more information, or to submit a title VI Complaint, go to: www.pscleanair.org or call (206) 343-8800.

